Congratulations!

Someone has done a good deed for you to show they care.

Now it is your turn to do a good deed for someone else and make that person feel good.

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Please tick one box before Paying It Forward.

☐☐☐☐☐
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Spread some joy!

There are lots of good deeds that you could do. Here are a couple of ideas to get you thinking:

- Be kind to someone you usually ignore
- Buy someone a snack from the canteen
- Help a friend with their homework
- Write a get well letter to someone who is sick in hospital
- Do some extra chores at home
- Help tidy the room for your teacher

pay it
forward day

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